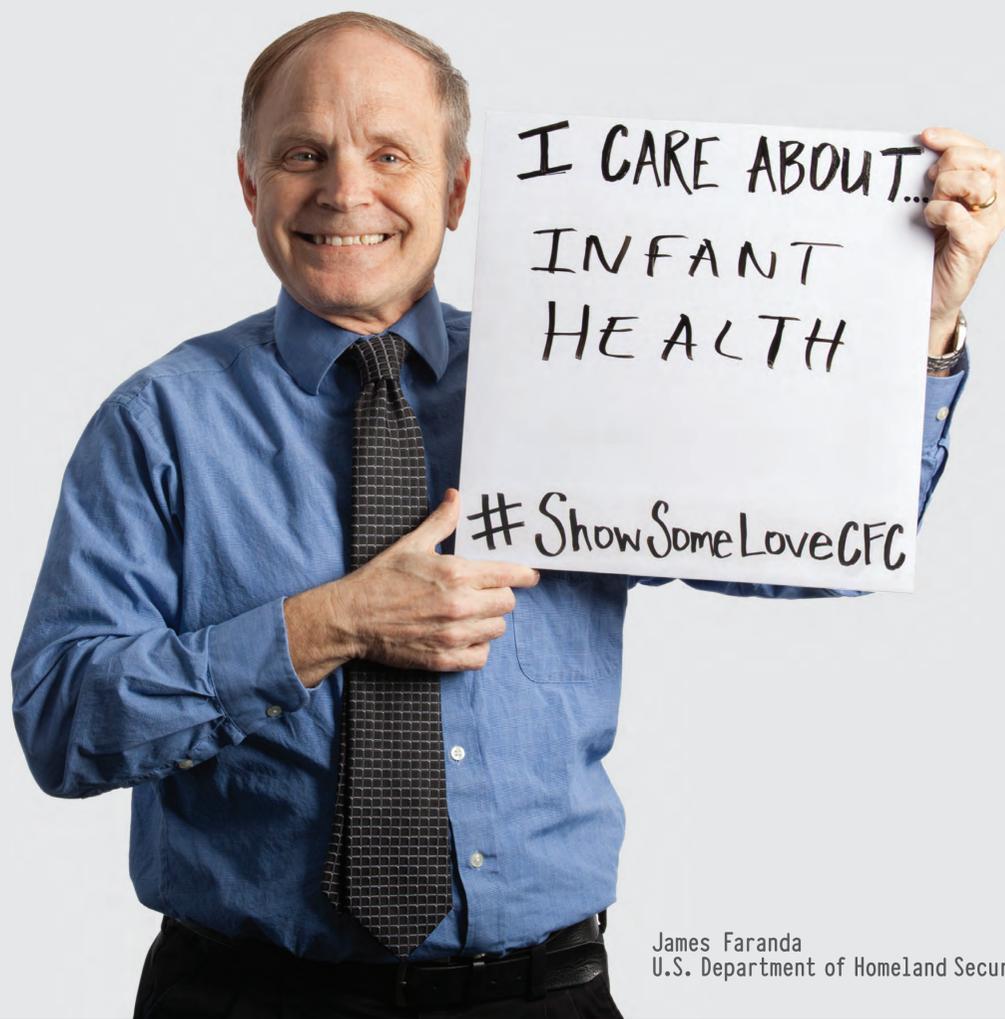




for

# Health



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## Our Help Is Needed

- One in eight women will develop invasive breast cancer over the course of her lifetime.
- Every two seconds someone in the U.S. needs a lifesaving blood transfusion.
- Internationally, more than 1.5 million children under the age of 5 die yearly from vaccine-preventable diseases.

## It's Easy To Make An Impact

### Promote Hygiene



**\$30**

delivers emergency hygiene kits to a family of four impacted by a disaster.

### Prevent Disease



**\$50**

vaccinates 40 children against polio.

### Provide Medical Supplies



**\$75**

sends eight exam tables to establish remote medical care clinics.

### Give Clean Water



**\$110**

provides clean water for a year to a family of three.

### Save a Child's Life



**\$250**

trains a midwife to save hundreds of newborns.

### Help Detect Breast Cancer



**\$500**

provides mammograms for five women in need.

## Here's How It Works



1. Choose to give online or via paper pledge form

2. Select your payment method

3. Donate to charities working on your favorite causes

4. Charities receive and use funds throughout the year

5. Help is given to those in need

Choose your cause at [cfcnca.org](http://cfcnca.org)  
and show some love today.

